



Choosing Health

**Northeastern Vermont  
Regional Hospital**

**Provider:** Northeastern Vermont  
Regional Hospital (NVRH) Health

**Client Since:** 2016

[www.nvrh.org](http://www.nvrh.org)

## CASE STUDY

# Fortified Managed XDR: More Time. Better Defense.

Fortified's Managed XDR gives us time back and peace of mind—two things every hospital cybersecurity team needs more of.

**MICHAEL DECOTA**

Senior Infrastructure Architect & Security Analyst

## Challenge: Too Much Effort, Too Little Coverage

Northeastern Vermont Regional Hospital (NVRH) had long partnered with Fortified Health Security for Vulnerability & Threat Management (VTM), but endpoint protection was still a pain point. The hospital's previous solution frequently generated false positives and left the burden of incident response entirely on a smaller internal team.

"Before XDR, I was up every night. I spent hours trying to get things to work and worrying if our servers were protected," said Michael DeCota, NVRH's Senior Infrastructure Architect & Security Analyst.

# Solution: A Fully Managed XDR Program Designed for Healthcare

In 2024, NVRH upgraded to Fortified's Managed XDR solution. The deployment included:

- Fully managed endpoint protection and threat detection
- Fortified's 24/7 healthcare-focused SOC for real-time monitoring
- Centralized log analysis and correlation to enhance visibility
- Asset discovery and monitoring to close gaps in coverage
- Ongoing engineering support for tuning, exclusions, and testing

## Results: High Impact with Strategic Efficiency

Since going live, Fortified's Managed XDR has transformed how NVRH approaches security:

- **Fewer false positives:** Cleaner alerts, greater trust, and less wasted time
- **Improved response time:** Critical issues can now be addressed in minutes
- **End-to-end visibility:** Threats are correlated across endpoints and logs for rapid understanding
- **Remote workforce protection:** Coverage extends beyond the hospital campus
- **Streamlined maintenance:** Updates and testing are proactively managed
- **Validated defense:** Fortified detected simulated threats instantly during a red team assessment
- **Operational resilience:** Security no longer disrupts patient care workflows



**I get time back, and I don't have to worry.** I'm not spending every night chasing alerts. I can finally focus on strategic projects – and spend time with my family.

**MICHAEL DECOTA**

Senior Infrastructure  
Architect & Security Analyst



If you're a small team or wearing multiple hats, **this is a no-brainer.**

Fortified's XDR solution gives you peace of mind, real-time support, and the freedom to do more with less.

**MICHAEL DECOTA**

Senior Infrastructure  
Architect & Security Analyst



## The Fortified Difference: Time, Confidence, and Healthcare-Specific Support

Fortified's detection logic is tailored for healthcare environments, prioritizing indicators like data exfiltration or unauthorized record access.

Their SOC proactively surfaces threat intel and advisories relevant to healthcare providers.

Even legacy devices or vendor-managed assets that can't be protected are now discovered and tracked.



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